

# EFFECT OF MELATONIN USE IN HOT WEATHER IN IRAQ ON SEMEN TRAITS IN ARABIA RAMS

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### Abstract

Several factors can affect the fertility and seminal fluid characteristics in rams, among them the weather and temperature. Melatonin is a hormone that has recently shown beneficial effects in a variety physiological and pathological conditions. This study was conducted during the period of July the 2<sup>nd</sup> 2017 to August the 17<sup>th</sup> 2017 using twelve adult Iraqi Arabi rams (2-3 year). Animals were randomly divided into three groups: control (T1), melatonin 10 mg/head (T2) and melatonin 15mg/ head (T3)given orally. Treatment with melatonin significantly improved the physical characteristics of semen. Melatonin (T3) also improved ALT and AST enzymes in seminal plasma.

Key words: hot weather; semen traits; Arabia rams.

# Introduction

Arabi sheep is one of the most important dual-purpose (meat and wool) native sheep breeds in Iraq and most important breeds in semiarid regions (Kassim *et al*, 2016). Climatic stress and seasonal changes may affect the heat balance and physiological responses of sheep. Heat tolerance is a complex process in which ambient temperature, humidity and radiation are associated (Mohamed *et al*, 2012).

Melatonin plays an important role in the stimulation of neurons, particularly the production and secretion of GNRH (Kalatova *et al*, 2009), which in turn regulates endocrine signals and sex hormone (Yellon *et al*, 1992).

Melatonin was initially intended to improve semen and fertility of rams by increasing hormone and ultimately semen quality (Çoyank *et al*, 1998)

The published reports so far have only shown few data regarding the effect of melatonin on the traits semen in Arabia rams of Iraqi. Hence, this study aims at investigating the role of melatonin on traits semen in Arabia rams of Iraqi.

# **Materials and Methods**

This work was performed during the period July the  $2^{nd}$  to August the  $27^{th}$  2017 in Iraq with a temperature in *\*Author for correspondence :* E-mail: zaide.zainy@uokufa.edu.iq

the shade between 43-48°C (according the U.S. National Climatic Data Center, Asheville, N.C) (Yellon *et al*, 1992).

This study was conducted in Najaf and involved electrical stimulation with a bi-polar rectal probe (Cameron, 1977). After that, semen samples were collected from rams twice weekly within a period of 14 days from July the 17<sup>th</sup> to October the 16<sup>th</sup> 2017. Furthermore, they were under unified nutritional system.

Twelve adult Iraqi Arabi rams 2-3 year of age were randomly divided into three groups and housed in semi open pens. During the day, they were left to outdoor feeding and supplemented with hay and some barley. The 1<sup>st</sup> group (T1) was the control group while the second (T2) and third group (T3) were given melatonin 10 mg / head and 15 mg/ head orally, respectively.

According to the method of (kennaway and seamark, 1980) the physical properties, plasma enzymes (ALT and AST) and the volume of ejaculate in ml were evaluated instantaneously in the morning hours and graded according to the mass motility percentage, individual motility percentage, consternation of sperm in million/ml, viability percentage and abnormal sperm percentage. Mass activity (wave motion) according to (Blom, 1946). Individual motility estimated according to (Walton, 1933), which was clarified by (Chemineau, 1991). Sperm consideration according to (Salisbury, 1943) which was

Groups	Volume	M	Individual mortality	Sperm concentration	Abnormal sperm percentage%
T1	A0.59±0.05	A69.23±2.78	A68.22±2.31	A119.7±0.70	A16.13±0.62
T2	B0.61±0.09	B81.42±3.81	B80.21±2.37	B121.5±0.28	B14.18±0.81
T3	A0.59±0.07	A70.31±1.01	A70.01±1.01	A119.9±0.8	C15.18±0.78
Letters A to B in columns refer to the significant difference ( $p<0.05$ ) between grou					between groups.

Table 1: The effect of melatonin on certain physical semen parameters.

clarified by (Mohan *et al*, 1980). Abnormal of sperm percentage considered according to (Hancock, 1951).

The concentration of AST and ALT enzymes (bioassay system America/USA) in plasma semen was estimated as instructed by the supplier (Mohamed *et al.*, 2012 and Walton, 1933)

#### Statistical analysis

Our data were analyzed using SPSS software program (15) and expressed as Mean  $\pm$  standard error of mean (SEM). The correlation pf plasma protein fractions and vitamins in semen with months was examined using Spearman's correlation coefficient test. Those differences with p value < 0.05 were considered statistically significant at P under a liner model:

Yij = M + ti + pj + eijk

#### Results

Table 1 shows that T2 has a significant effect on the volume, mass mortality (MM), individual mortality, sperm concentration and abnormal sperm percentage while table 2 shows a highly significant effect treatment with melatonin hormone on AST and ALT enzyme in seminal plasma in T2 with no significant differences between treatment T3 and T1.

## Discussion

The mass mortality, individual mortality, sperm concentration and abnormal sperm percentage were significantly improved after treatment with melatonin in T2. This improvement may be due to the role of melatonin as antioxidant, anti-inflammatory, antiproliferative, which participate in decreasing oxidative damages (Perdomo *et al.*, 2013; Casao *et al.*, 2010; Rosa *et al.*, 2012).

 Table 2: The effect of melatonin hormone on AST, ALT enzyme in seminal plasma.

Groups	AST UE/ML3	ALTUE/ML3		
T1	A 6.41±1.31	A 5.29±0.91		
T2	A 6.21±1.81	A5.31±0.93		
T3	B 5.35±1.31	B 3.97±0.61		
The letters A-B in columns refer to the significant				
differences (p<0.05) between groups.				

Treatment melatonin enhanced the semen characteristics in different ram breeds.

In terms of AST and ALT enzymes, melatonin treatment significantly increased their concentration in seminal plasma. However, T3 but not T2 showed significantly different ALT and AST activities in the seminal plasma, findings

that are consistent with the (Bharti *et al.*, 2010) in Chottanagpuri rams. High levels of melatonin may cause stress on rams leading to elevated level of AST and ALT enzymes in seminal plasma (waleed *et al.*, 2016).

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